



## President's Message

## In this issue

"Man is not free to refuse to do the thing which gives him more pleasure than any other conceivable action."  
Stendhal



Have any of you started to work on your next show? A few months ago, I told you about one of our members who is planning and painting her next art show.

She has no definite venue, but she will be prepared when this difficult time has passed. She has completed many pieces. This keeps her motivated. Maybe you can't get yourself painting, but you could be planning what you will do. Get your rough drawings down on paper. It's important to have a plan. But the plan needs to be more than just thoughts in your head. I am trying to follow this advice. I have 12 paintings drawn out. I have almost completed four. It's hard to get motivated. I know! I have heard this same problem from many of you. The thing is, that once you do start, you find yourself in the zone, which is the best place to be!

Take care. Until next time...

Debra

Debra Lengyell  
COAA President

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There isn't a lot to say about shows this year but I'll let you know if this changes in my Monthly Updates.

We are looking into alternatives for Geneva Park so please do the survey <https://www.surveymonkey.com/r/9R5FHHT> I sent as we want your input so that we can plan the next steps. It should take less than five minutes.

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# 2020—2021

## Executive

The executive is available to answer your questions. You can reach them by using the information below.

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[membership@coaart.com](mailto:membership@coaart.com)  
519 879-6443

Thanks to Ana Jurpik  
our web master

# Calls for Entry

## “A Celebration of Botanical Art”

Botanical Artists of Canada's 20th Anniversary Exhibition

To recognize the contribution of Canadian Botanical artists currently and over the past twenty years, there will be three categories for this important upcoming exhibition.

- An invitational exhibition for all 2001 founding BAC members. They will be invited to submit one work. There will be no fee.
- BAC members will be invited to submit up to 3 works for a juried exhibition for a flat \$10 entry fee.
- There will be an open invitation to all botanical artists living in Canada to submit up to three works for a juried exhibition, for a flat \$20 entry fee. We hope that you are busy preparing artworks for submission.

For more information on the call for entry check out the BAC web site: [www.botanicalartistsofcanada.org](http://www.botanicalartistsofcanada.org)



## “Celebrating the History of Hamilton”

Women's Art Association of Hamilton

The Women's Art Association of Hamilton (WAAH) would like to celebrate our more than 125 years of art in Hamilton by inviting our members and all women artists from the greater Hamilton area to enter a salon style exhibition commemorating the city of Hamilton.

Location: The Cotton Factory, 270 Sherman Ave. N., Hamilton

Important Dates:

August 6, 2021  
Deadline for entries

December 4, 2021  
Drop off at Cotton Factory

Opening Reception: TBD

January 29, 2022  
Show ends - Pick up work

For more information on the call for entry check out the WAAH web site: [www.waah.ca](http://www.waah.ca)

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# Shining a Light on Lightfast Ratings—Part One

Text Copyright—Linda Boyko

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The First Part of this article originally appeared in the BAC member newsletter September 2020.

My thanks to Linda for letting me share this information. Although you are probably not a botanical artist I am sure the information she provides can be applied to any art practice. This is a long article so I have broken it into several parts which will be provided over the next several COAA newsletters.

As any one working in botanical art knows, having a comprehensive knowledge of your art materials is crucial to the success of your work. Using a highly granulating watercolour paint where you want a lovely smooth finish, can be disastrous. Trying to lift paint that has high staining quality is so frustrating.

There are many things to know and understand about your art media. And if you are aiming for durability over time, one of the most important things to know is how lightfast your medium is. Unfortunately the topic of lightfastness and lightfast ratings is not a small or simple one. One would think that it is a matter of simply reading the manufacturer's label. But it is not. I discovered this recently when I decided that I wanted to make a list cross-referencing brands of watercolour paints that were single pigment, transparent, and had the highest lightfast ratings.

In this article I will share what I have learned about lightfast ratings. I will discuss what lightfastness is, why it is important, the standards for lightfast ratings, the problems with manufacturers labelling and finally, why it's important to know your pigments. Lightfast ratings are important for all coloured art media but here I focus only on professional grade watercolour paint and coloured pencils.

## What is lightfastness?

A very basic definition of lightfastness is the ability of a particular paint colourant or colour additive (a pigment or dye), used in artists materials, to withstand fading and/or colour changes when exposed to light over time. The light source can be natural sunlight (indoor or outdoor) or artificial lights.

How does exposure to light affect pigments or dyes? Bruce MacEvoy (<http://www.handprint.com/HP/WCL/water.html>) describes the impact: "... as a source of energy, light can cause colour and chemical changes in many pigments. These changes can cause the colour to whiten, gray,

darken, change hue, fade, or completely disappear."

Schmincke has a very good video discussing lightfastness. You can link to it from this page in which lightfastness is discussed. <https://www.schmincke.de/en/information/did-you-know/lightfastness.html>

Not all pigments or dyes are affected to the same degree or in the same way. Because the pigments and dyes used to colour artists' materials come from different sources and vary in composition, they do not behave in the same way. Some are very durable, able to withstand exposure

to light as well as other environmental factors. Other pigments and dyes display poor durability. These are often referred to as unstable or fugitive. There are several fugitive pigments which are well known in the artists' world and admonitions to stay away from these pigments are frequently heard from experienced artists. One such pigment is PR83- the red pigment used in alizarin crimson. While this pigment produces a rich, deep red prized by many artists, it is consistently unstable. Another well known fugitive paint is Opera Rose which is made using a combination of PR 122 and the very fugitive dye, rhodamine (BV 10). Fugitive  
continued on next page

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# Shining a Light on Lightfast Ratings—continued

pigments can be found in different colour families but reds and purples are notorious for having stability problems.

It is well worth knowing which pigments to avoid. There are many good resources which provide information on the issue of fugitive pigments and dyes. (References provided later in this article.)

Lightfastness is not only affected by exposure to light. Lightfastness for the same pigment can vary depending on the medium and can be influenced by factors such as extenders, binders, and other additives the manufacturer uses in its formulation. For example, the information on the Art Is Creation website, indicates that PR 106, Vermillion genuine, has high lightfast ratings in oil and acrylic paints but only a fair lightfast rating in watercolour paints. As well, a pigment can be more lightfast if applied in mass tone as opposed to a

highly diluted application and by not mixing it with a fugitive pigment.

At times a manufacturer will provide a 'Permanency' rating along with or instead of a lightfast rating. Winsor and Newton is one such manufacturer which provides permanency ratings from AA (extremely permanent) to C (fugitive) along with ASTM lightfast ratings when they are available. Permanency can be influenced by exposure to chemicals, humidity, heat, mould, as well as exposure to light. While permanency and durability under all types of conditions is important, it is not quite the same thing as lightfastness. It is worthwhile

checking the brand website to make sure you know whether the rating on a product label indicates lightfastness or permanency.

Check out the remaining topics from Part One of Linda's article in future COAA newsletters:

[Is lightfastness really all that important?](#)

[What Are the Standards for Lightfastness?](#)

[The Trouble With Manufacturers Labels](#)

[It Is important to Know Your Pigments](#)

In Summary

"Your business, Winsor, is to make colour. Mine is to use them." This was JMW Turner's response to gentle criticism from William Winsor, who was concerned about the artist's occasional lack of forward thinking when it came to using colour that would last. <https://www.winsornewton.com/nal/articles/art-history/palettes-masters-jmw-turner/>

## Resources Provided by Artists on Fugitive Pigments and Dyes

- Lee Angold, has a pigment by brand spreadsheet on her website, accessible at <https://leeangold.com/2017-12-25-pigment-comparison-by-brand-spreadsheet/>
- Bruce MacEvoy (<http://www.handprint.com/HP/WCL/wpaint.html>) provides in-depth information on this topic and makes recommendations for alternative pigments that are more stable.
- David Myer's website provides an extensive pigment database. [http://www.artiscreation.com/Color\\_index\\_names.html](http://www.artiscreation.com/Color_index_names.html) The database provides common or historic names for pigments, colour descriptions, and comments on lightfast ratings.
- Carolyn Payzant wrote an excellent article, [Fugitive Pigments in Your Palette](#), for the ASBA journal (March, 2006) in which she discusses lightfastness and fugitive pigments, as well as providing a list of pigments of which to be aware.
- As of the writing of this article, Jackie Isard has also written a blogpost on lightfastness. Check it out - Blog 23 Colour Matters at <https://jibotanicals.com>

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# From the Editor

Between the cold weather and the lockdown things have been very dreary for all of us these last few months. It appears that we have quite a while to go before things will start to feel more normal but I am hoping that you haven't given up on your creativity. Personally I would be much happier, and more creative, if I could share time with other artists and I believe many of you must feel the same way.

I really miss my studio and hope the provincial government will be lifting the stay at home order soon. I just don't look forward to taking back all the supplies I brought home so I could continue to paint during the last several weeks.

I am not sure about others but I have taken on several different projects to keep things interesting. I continue to work on my "Backyard Neighbours" a series highlighting the many native species found in the

Hamilton area. Since starting in 2019 I have completed 45 paintings but have a very long way to go to make a dent in the numbers identified. I hope to be able to exhibit them together sometime and have turned a few into bookmarks to sell. I have



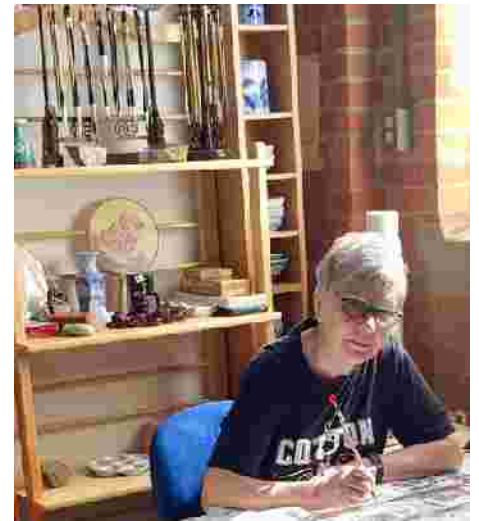
also been working on pieces for the BAC and WAAH exhibitions that are advertised in this newsletter.


I decided that I can't do anymore baking for a while as I tend to eat more than I should so I decided to

start the quilting project I have put off for the last few years instead. I have also started to plan the Paper Quilling workshop I will be teaching later this spring.

I am sure you are all doing a variety of projects to keep busy so please think about sharing your great projects with us so we can keep each other up to date on what we are doing—who knows your ideas may spark someone else to try something different or new.

Karen





## Members' News

Karen Logan was honoured to have two paintings selected by the City of Hamilton through the public call for submissions for their "Traffic Signal Box Wraps Public Art Project". Digital images of Relationships #1 and Relationships #2 will be used to create vinyl wraps for up to 5 traffic control cabinets each. All boxes will be located in various sites around the city. Karen's submission was titled "Bringing Nature to the Streets".

"Relationships #1"

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# Members' News

## Advertisements

are gladly included for a reasonable fee based on an 8.5" X 11" page .

Business card: \$25

Quarter page: \$50

Half page: \$100

Full page: \$200

Ads emailed to newsletter@coaart.com will be invoiced as above.

## Members' News

Images and announcements of 20-30 words (not ads) are put into the newsletter free of charge for members in good standing.

The newsletter is published four times a year, February, May, August and November.

If you think you may have missed a newsletter recently, please contact membership@coaart.com to be sure of your (paid up) status, and contact the newsletter editor to get a copy.

Thanks to all for your contributions.

*Karen*

## Linda Trowell

exhibited "Kona Coast" acrylic 22" x 28" in the Ingersoll Creative Arts Centre painters' exhibition, "Double Double".

Artists submitted works with the theme anything relating to coffee.

The online show launched on January 9, and continued until February 7, 2021.

Linda donated a 9" x12" watercolour "Coffee

Break" for a 'giveaway' prize. Viewers could enter their name for a chance to win the painting.

Visit [www.creativeartscentre.com](http://www.creativeartscentre.com) to see the entire online exhibition.



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# Members' News



## We All Stand Alone

I drive past these trees many times through the week. I love them! So, I thought I needed to paint them.

I was going through a very difficult time in my personal life in 2014. Somehow these trees spoke to me and as I was painting, I also wrote this poem:

## We All Stand Alone

We all stand alone in the world, apart from one another  
We do our best to stand straight, hold our heads up high,  
face the world head on

All have been weathered by life, some more than others  
We deal with the storms, the difficult seasons of our life,  
trying to do the best we can to be whole; not as perfect  
beings, but as trees standing tall.

I hope you appreciate it.

Debra Lengyel

## Brenda Turnour

COAA Past President shared this smile for the day:  
Me—after lockdown!

140 days in lockdown.  
I'M FINE. Thanks for asking.



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## Members' News



Sunsets and sunrises at sea are among the most spectacular sights to behold. The vastness of the water reflecting colour and light is thrilling as you stand in the gentle breeze of another day.

I usually spend several months of the year on luxury cruise ships, teaching art and knitting as we sail around the world. This painting is a reminder of the magnificent beauty we have had the privilege to encounter. While I tried, it is hardly possible to actually capture what we hope to some day experience again.

This painting was in a juried show at Homer Watson Gallery in Kitchener, and to my delight, it spoke to a young couple who purchased it.

Gail Ivanco

## Welcome our New Member

### Kseniya Ali

I once dreamt of becoming a ballerina, however, my parents decided that it would be physically impossible for me to study ballet and go to art school at the same time. With art school the priority I was never able to make this dream come true but now I love painting ballerinas and feel as free and expressive painting them as any dancer does performing it. Ballerinas are the theme that I will always revisit with fresh ideas and approaches.

This watercolour, Cinderella of 1948, is my first work of 2021 and was inspired by photos in the book *The Royal Ballet: The First 50 Years* by Alexander Bland. You can watch me develop this piece on YouTube.

[www.kseniya-ali.ca](http://www.kseniya-ali.ca)



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# Membership Advantages

Some of the advantages of becoming a Basic Member of the Central Ontario Art Association are:

- Receive our newsletters by email or regular mail throughout the year providing information about upcoming events, member activities, shows and art opportunities;
- Enter at least two annual art exhibitions: Open members show, and Crossection juried members show plus one other;
- ◆ Participate in our online Members' Gallery (small additional fee);
- ◆ Attend our annual workshop weekend (location to be determined) featuring a whole range of workshops with distinguished instructors. We also hold our annual meeting at this event, as well as having fun;
- ◆ Opportunities to participate in art events and connect with other artists in their local areas;
- ◆ 10% discount at participating art supply stores;
- ◆ COAA members are given a \$5.00 rebate for each new member referred, as a way of saying thank you for helping us to grow. If unsure of your status contact Shirley at [membership@coaart.com](mailto:membership@coaart.com) ;
- ◆ Advertise your art, workshops, exhibitions or other artistic events, reaching over 150 members. (Small blurbs, otherwise, opportunity for a paid feature ad).

When you shop at Above Ground Art Supplies, and THE JUNCTION ARTiculations show your COAA membership card and receive a **10% discount** on purchases.

## Members Gallery

Members Gallery is a page dedicated to COAA members who would like to promote their work on the Central Ontario Art Association (COAA) website. Any COAA member in good standing (meaning your membership fee payment is up-to-date) can become part of the Members' Gallery for one year for a fee of \$10.

Some of the advantages of being featured in the Gallery page of the Central Ontario Art Association:

- Your art displayed on the [Gallery](#) page of the COAA website along with a link that opens in a new window that includes your name, short bio, contact info, web site, and showcases two pieces of work;
  - ◆ Members Gallery artists' pages run for one year, renewable with new images and updated info or keeping as is.
- To be part of the Members Gallery: Please complete the [membership form](#) and send to the address on the form along with a cheque for your membership fee plus \$10, or \$10 if membership has already been paid.
- Please send a brief biography (60-70 words) by email to: [president@coaart.com](mailto:president@coaart.com) in a .DOC, .RTF or .TXT format and attach 2 art images as a JPEG, 2 MB maximum.
- Note: If you need assistance with resizing your digital pictures, most Image editing programs such as Photoshop offer tutorials. Otherwise there is no need to perfect the cropping or distortion of your images, as our webmaster, Ana Jurpik, will make certain they look great. Please do not mail hard copies of your images.

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# Central Ontario Art Association

## 2020 Membership Form

Annual Membership runs from January 1st to December 31st

Annual Member ship Fees (Please select level):		Additional Fees (if applicable)
New Member <input type="radio"/>	Renewal <input type="radio"/>	
Basic: \$40 (cheque) <input type="radio"/>	\$42 (PayPal) <input type="radio"/>	Website Gallery: \$10 per member <input type="radio"/>
Couple: \$55 (cheque) <input type="radio"/>	\$57 (PayPal) <input type="radio"/>	Website Gallery: \$20 per couple <input type="radio"/>
Student: (age 19, currently attending college) \$20 <input type="radio"/>		Newsletters are emailed quarterly. If you prefer to receive it by Canada Post the cost is \$16 <input type="radio"/>

Total payment cheque enclosed (Payable to Central Ontario Art Association) \$ \_\_\_\_\_  
(Pay through PayPal on line)

Membership paid after September 1st will carry forth unto December 31st of the next calendar year.

**PLEASE PRINT VERY CLEARLY**

Name(s): \_\_\_\_\_  
 Address: Street \_\_\_\_\_ Apt. # \_\_\_\_\_  
 City/Town: \_\_\_\_\_ ON Postal Code: \_\_\_\_\_  
 Home Phone: ( ) \_\_\_\_\_ or Cell Phone: ( ) \_\_\_\_\_  
 Email: \_\_\_\_\_ Website: \_\_\_\_\_

If you are a **NEW** member, how did you hear about COAA?: Website  Brochure  COAA Exhibit

OR name of the COAA member who referred you: \_\_\_\_\_

Date of this Application: \_\_\_\_ (d) / \_\_\_\_ (m) / \_\_\_\_ (yr) \*For membership year \_\_\_\_

Signature of Applicant/Member: \_\_\_\_\_

To register for all COAA art shows, members must have a membership paid in full one month minimum prior to the show registration date.

**Website Gallery applications:** Send a brief Bio, 2 images of your art (include title, size, medium), and contact information to [president@coaart.com](mailto:president@coaart.com) for posting on [www.coaart.com](http://www.coaart.com)

**Our membership list with email and/or website contact will be posted on the COAA website.**

If you do not want to be included on this list check here:

I give COAA permission to: send me emails: YES  NO

photograph my artwork for promoting COAA events: YES  NO

### FOR OFFICE USE ONLY

Date Received: \_\_\_\_\_ Mailed \_\_\_\_\_

Card/receipt made: \_\_\_\_\_

Date Records made/changed: \_\_\_\_\_

Complete and mail this form with cheque or money order to the Membership Chair:

COAA  
 Shirley Hokke  
 P.O. Box 223 Otterville, ON  
 NOJ 1R0